



**4-H MEMBER**

**RECORD BOOK**

Name \_\_\_\_\_

Club \_\_\_\_\_

# 4-H Member Record Book Instructions

Assemble your book per the order listed below. You may handwrite or type the information. Please limit additional items like pictures to one per project area. Ribbons should not be included. If the form isn't big enough to handle your activities, please include extra copies of the page to accommodate the extra content.

## **Kalamazoo County 4-H Member Award Application**

### *Section 1 – Introduction*

Title Page

### *Section 2 – Participation and Activities*

4-H Participation Summary

4-H Participation Details

4-H Award Recognition

4-H Promotion

Activities Outside of 4-H

### *Section 3 – 4-H Projects*

4-H Project Summary

4-H Project Record Forms

Include a completed 4-H Project Record Form for each project completed each year. This information is especially helpful to judges when reviewing applications for project specific awards like County Medals and the Kalamazoo County Farm Bureau Project Awards.

### *Section 4 – My 4-H Story*

Here is your chance to help the judges understand who you are, how 4-H has impacted you and why you should be chosen for awards you're applying for.

### *Section 5 - Supplemental Award Applications*

If applying for the Key Club Award, be sure to include the supplemental application as section 5. The application is located at: <https://www.canr.msu.edu/uploads/files/Application.pdf>

## Section 1, Title Page

Get creative and help the judges get to know you. Include your name, age, community club and picture (optional).

Name: \_\_\_\_\_

Club: \_\_\_\_\_

Age (as of January 1 this year): \_\_\_\_\_

## Section 2, 4-H Participation Summary

Community Club: \_\_\_\_\_

Year	4-H Age	Grade	Years in 4-H (including this year)	Number of Club Meetings Held	Number of Club Meetings I Attended
20____ - 20____	8				
20____ - 20____	9				
20____ - 20____	10				
20____ - 20____	11				
20____ - 20____	12				
20____ - 20____	13				
20____ - 20____	14				
20____ - 20____	15				
20____ - 20____	16				
20____ - 20____	17				
20____ - 20____	18				
20____ - 20____	19				













# Section 3, 4-H Project Record Form

Project Area \_\_\_\_\_

This is my \_\_\_\_\_ year in 4-H and \_\_\_\_\_ year in the project.

**Complete a new 4-H Project Record Form for each project, each year.**

By keeping 4-H records you can:

- Learn how to set goals, record what you do and learn, and evaluate.
- Feel good about your 4-H experience.
- Learn how to share information with others.
- Learn how to be more organized.
- Learn responsibility by getting the job done.

*Goals* - Goals are like a road map, they help you decide how you get to where you want to go.

**My goal is to:**

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**I plan to reach this goal by:** \_\_\_\_\_

**What do you like best about participating in this project?**

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**What would you change or do differently next time? What would you like to learn to impact your participation in the project next year?**

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*Project Knowledge – (This section is to be completed after the project is complete/after fair.)*

**Describe two things you have learned while doing this project. Be Specific.**

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**List awards, placings, ribbons and recognition earned in this project area this year.**

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*Life Skills (This section applies only to 4-H members 12-19 years old)*

**Choose two life skills from the diagram attached and describe how you have developed each of the life skills through your 4-H project.**

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**How have those life skills helped you outside of 4-H?**

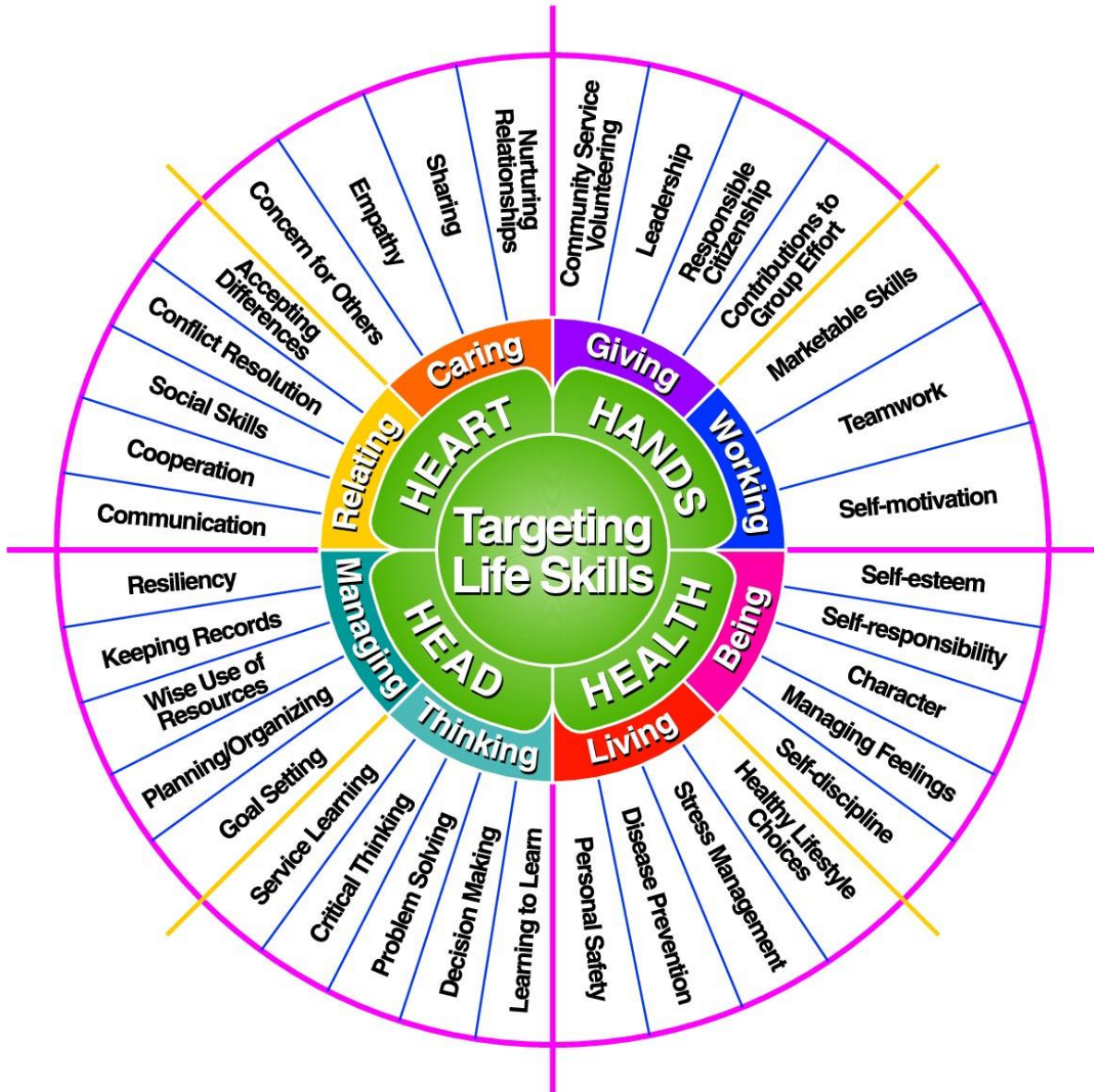
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# 4-H Life Skills



Iowa State University  
"Targeting Life Skills Model"  
Patricia Hendricks, November 1996

## Section 4, My 4-H Story

Please help the judges understand who you are and why you should receive the awards you're applying for.

Consider covering the following topic areas:

- What do you like most about being a 4-H member? You may want to include the good times, the fun times, what you have gained by meeting and working with other 4-H youth and adults.
- What do you want to accomplish in 4-H in the future?
- How is 4-H going to help you achieve goals?
- Why are you applying for these awards?
- *I Dare You* and Key Club Award applicants - Describe how you have used and displayed your leadership skills in 4-H and your community.